



TRUSTED PARTNERSHIP FOR PREMIUM THERAPEUTIC GRADE SUPPLEMENTS  
WITH A HIGH BIOAVAILABILITY DIFFERENCE.

## Nurturing Wellness through Functional Medicine Excellence.

### Join Us on Our Journey to Better Health







# About us VitaOne

VitaOne holds the distinction of being among the earliest and most distinguished Functional Medicine supplement brand in India, dedicated to supplying therapeutic-grade supplements. It is recognized as a pioneering brand in the field of Functional Medicine supplements.

The concept behind VitaOne was to develop & provide supplements that are of Authentic Therapeutic grade. Our venture began in 2015, and since then, we have remained committed to offering the finest medical-grade supplements, vitamins & other products that can help you achieve better health, peace of mind, and overall well-being.

Functional medicine supplements refer to dietary and nutritional products specifically designed to support the principles of Functional Medicine & overall health. Functional Medicine is an approach to healthcare that focuses on identifying and addressing the underlying root causes of health issues rather than merely treating symptoms.

These supplements are formulated to address various aspects of health, taking into consideration an individual's unique needs & imbalances. They often contain vitamins, minerals, amino acids, enzymes, and other bioactive compounds that are believed to promote optimal bodily function, address deficiencies, and restore balance.

Vitaone supplements are commonly used in conjunction with health plans, which may involve dietary changes, lifestyle adjustments, and other holistic approaches. The aim is to support the body's natural healing mechanisms and promote overall wellness by targeting the root causes of health problems.

Consistently, VitaOne has been producing pure, excellent quality products that are free from preservatives & do not contain any added excipients, fillers, or binders. Our products are made following the highest standards, with a careful selection of ingredients. We take pride in being free from gluten, dairy, artificial sweeteners, dyes, & contaminants. Working closely with our suppliers, we ensure that our raw materials are ethically sourced and meet the highest quality standards.

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## ***We Believe in Science-based Formulas.***

Our onsite Research & Development team is dedicated to both creating new products and refining current formulas to offer innovative solutions to the developing healthcare needs of our growing population.

VitaOne continues its mission to provide patients & medical professionals with superior nutritional healthcare supplements.

Our customer service team continually participates in educational seminars & team building exercises to stay current on industry trends.

Our team of professionals is available for personalised counselling services, addressing all your healthcare inquiries.

At VitaOne, we strongly emphasise the role of education in gaining a comprehensive knowledge about supplements and their correct usage so that you can make an informed choice. With this in mind, we offer a range of resources designed to empower you to make well-informed decisions. Within our Learning Center, you'll discover articles & health protocols aimed at providing guidance. Moreover, you can engage in monthly live webinars covering a wide spectrum of health topics. These webinars are recorded and stored in our webinar archive, enabling you to access them at your convenience.



# IRON COMPLEX

IRON BISGLYCINATE  
GENTLE ON THE STOMACH

## Product Summary

Iron Chelate is a potent iron supplement that is extremely well tolerated by the gastrointestinal system. It is safe for use by pregnant and lactating women, teenagers, and adults. Unlike most iron preparations, it will not result in constipation or gastric upset. This amino acid chelated iron has very high absorption.

It is an iron in the form of iron bis-glycinate, providing 30mg of elemental iron.



## Supplement Facts

Serving Size 1 Capsule. Serving per Container - 60

	Amount Per Serving	%Daily Value
Iron (Iron Bisglycinate)	29 mg	167%
BioPerine®	3 mg	*

Percent Daily Values are based on a 2000 calorie diet.

\*Daily Value Not Established.

### Other Ingredients:

Microcrystalline cellulose, vegetarian capsule (hydroxypropyl methylcellulose), Acacia Gum.

### Suggested Use:

Adults: 1 capsule daily with food or as directed by a healthcare professional.

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# THYROID SUPPORT

COMPLETE CARE FOR THYROID FUNCTION  
WITH SELENIUM AND ZINC

## Product Summary

VitaOne's Thyroid Support is a high-quality formula designed to provide comprehensive nutritional support for the thyroid function. By combining Iodine & Tyrosine, which are essential for the synthesis of thyroid secretions, this formula helps in optimal thyroid health. The addition of Selenium & zinc as cofactors further promotes normal thyroid function. This powerful formula not only enhances energy levels but also provides support for individuals with Autoimmune Hypothyroidism.



## Supplement Facts

Serving Size 1 Capsule. Serving per Container - 60 Capsule

	Amount Per Serving
Zinc as (Zinc Bisglycinate)	20 mg
Selenium as L-Selenomethionine	100 mcg
Iodine (as Potassium Iodide)	125 mcg
L Tyrosine	250 mg

## Other Ingredients :

HydroxyPropyl, MethylCellulose  
(Vegetarian Capsule) & Ashwagandha Extract

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# GASTRO ZINC

ZINC L-CARNOSINE + L-GLUTAMINE

## Product Summary

Zinc Carnosine promotes healthy mucus secretion, exerts antioxidant properties, and modulates cytokine expression, thus helping protect the stomach and small intestine. L-glutamine promotes small intestinal cell function & mucosal integrity to further support gastric function and protect.

Zinc carnosine is a supplement that has gained popularity in functional medicine for its potential benefits for the stomach and digestive health.

Helps with Acid Reflux

Promotes Healthy Gut Lining



## Supplement Facts

Serving Size 1 Capsule. Serving per Container - 90

	Amount Per Serving	%Daily Value
Zinc L- Carnosine Complex	83 mg	*
L-Glutamine	400 mg	*

\*Daily Value Not Established.

## Recommended Adult Dose:

One or two capsule daily or as recommended by your healthcare practitioner.

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# DIGESTIVE ENZYMES

COMPLETE DIGESTIVE AID

## Product Summary

VitaOnes's uniquely formulated, full-spectrum digestive blend is designed to complement and support your body's natural digestive capacities. Each capsule provides a high potency dose of enzymes, specifically crafted to aid the digestion of fats, proteins, and carbohydrates found in both cooked and raw foods. In contrast to many other enzyme supplements, this product is certified vegetarian.

## Symptoms of Digestive Enzyme Insufficiency

Your stomach, small intestine and pancreas all make digestive enzymes. The pancreas is the enzyme powerhouse of digestion. It produces the most important digestive enzymes, which are those that break down carbohydrates, proteins and fats.



Break Down Fats

Proteins

Carbs

Helps reduce Bloating or Gas

### Supplement Facts

Serving Size 1 Capsule. Serving per Container - 90 Capsule

	Amount Per Serving	%Daily Value
DigeZyme® Multienzyme Complex	150 mg	*
Protease	900 PC	*
Lipase	30 LU	*
Alpha Amylase	3600 DU	*
Lactase	600 ALU	*
Cellulose	165 CU	*

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# C3 CURCUMIN COMPLEX

HIGHLY BIOAVAILABLE

## Product Summary

Curcumin Extract is a potent antioxidant that inhibits NF- $\kappa$ B which is a major mediator of inflammation in most diseases. Curcumin also helps maintain platelet aggregation levels that are already within the normal range & supports arachidonic acid metabolism to help maintain a healthy inflammatory balance. The addition of Bioperine<sup>®</sup> piperine from Black Pepper Extract increases the bioavailability of the Curcumin.

Curcumin Extract as Curcumin C3 Complex<sup>®</sup> with BioPerine<sup>®</sup> in combination for enhanced absorption. Curcumin supports joint, tissue, liver, colon, and cellular health



Highest Quality

Helps Reduce Pain

Natural Anti-Inflammatory

### Supplement Facts

Serving Size 2 Capsule. Serving per Container - 45 Capsule

	Amount Per Serving	%Daily Value
Curcumin Extract Curcumin C3	530 mg	*
Bioperine <sup>®</sup>	5 mg	*

\*Daily Value Not Established.

**Other Ingredients :** HydroxyPropyl,  
Methyl Cellulose (Vegetarian Capsule)

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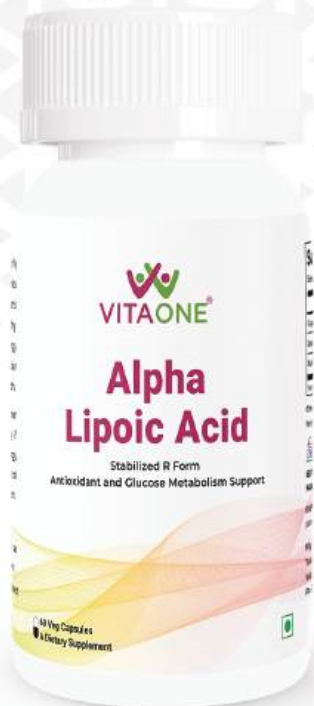


# ALPHA LIPOIC ACID

STABILIZED R FORM  
ANTIOXIDANT AND GLUCOSE METABOLISM SUPPORT

## Product Summary

This powerful formula contains the highly bioavailable Alpha R Lipoic Acid, known for its water-solubility and superior efficacy. With its universal free radical quenching capabilities, this potent antioxidant helps protect your cells from age related oxidative stress. Alpha Lipoic Acid supports glutathione production, promotes healthy glucose metabolism, enhances energy production and helps in overall vascular functions. Important for blood sugar health.



## Supplement Facts

Serving Size 1 Tablet. Serving per Container - 60 capsules

	Amount Per Serving	%Daily Value
R Alpha-Lipoic Acid	250 mg	*
Grape Seed Extract (Vitis vinifera)	30 mg	*
Black Pepper Fruit Extract (Bioperine®)	5 mg	*

DV value not established

## Other Ingredients:

Cellulose (capsule), cellulose powder.

## Unique Features

It is heat and shelf stable and exhibits high bioavailability.

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# HOMOCYSTEINE DEFENCE

## METHYLATION SUPPORT TMG

### Product Summary

Homocysteine Defence by VitaOne supplies bioactive forms of four essential B-vitamins together with betaine (also known as Trimethylglycine TMG) to synergistically support methylation and normal homocysteine metabolism. An optimally functioning homocysteine promotes detoxification, healthy immune function, brain and cardiovascular health.

This is a B complex in bioactive form and helps with vitamin B deficiency. Elevated levels of homocysteine, a naturally occurring amino acid in the blood, have been associated with an increased risk of cardiovascular disease and other health issues. Folate, a B-vitamin, plays a crucial role in the metabolism of homocysteine. Taking the bioactive form of vitamin B folate, known as 5-Methyltetrahydrofolate (5-MTHF) or L-methylfolate, can have several benefits for individuals with high homocysteine levels.



Provides Active B vitamins in Potent Doses

Helps Support Healthy Methylation Processes

Supports Normal Homocysteine Conversion

Helps Support Cognitive Health

### Supplement Facts

Serving Size 1 Capsule. Serving per Container - 60 Capsule

	Amount Per Serving
Riboflavin (as riboflavin-5'-phosphate)	25 mg
Vitamin B6 (as pyridoxal-5'-phosphate)	15 mg
Folate [as Quatrefolic® (6S)-5-methyltetrahydrofolate, glucosamine salt]	1,360 mcg DFE
Active B12	1000 mcg
TMG (trimethylglycine)	700 mg

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# ACTIVE FOLATE-B12

HIGH POTENCY, FAST-DISSOLVING TABLETS

## Product Summary

VitaOne's Active Folate B12 combines the most active, stable, and highly bioavailable form of vitamin B9 folate (Quatrefolic® brand) and vitamin B12 (methyl cobalamin).

Active Folate B12 Chewable uses folate because it bypasses the need for enzymatic activation making it readily available to be used by the body.

Bioactive form of vitamin B9 and vitamin B12 work as methyl donors that support the normal conversion of homocysteine to methionine, protecting cellular health, cognitive health and promoting healthy energy level.

Highly Bioavailable

Active Form

Methylation Support



## Supplement Facts

Serving Size 1 Tablet. Serving per Container - 60 Tablets

	Amount Per Serving	%Daily Value
Active B12 (Methylcobalamin)	1500 mcg	41667%
B9 (6 S-L-5 methyltetrahydrofolate) (Quatrefolic®)	1000 mcg	425%

## Recommended Adult Dose:

Dissolve 1 tablet daily in the mouth before swallowing or as directed by a healthcare professional.

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# VITAMIN D3 + K2-7

5000 IU CHEWABLE TABLETS BIOACTIVE,  
HIGH POTENCY

## Product Summary

Vitaone's Vitamin D3+K2 supplement is a professional-grade formula which is highly bioavailable combination of 5,000 IU of Vitamin D3 (cholecalciferol) and 100 mcg Vitamin K2 (menaquinone-7, MK7), which works together to promote healthy calcium metabolism and mineralization throughout your body. Our bioavailable formula ensures maximum absorption and efficacy.

Supports Bone and Immune Health

Cardiovascular Health



### Supplement Facts

Serving Size 1 Tablet. Serving per Container - 120 Tablets

	Amount Per Serving	%Daily Value
Vitamin D3	5000 IU	625%
Vitamin K2 (as ViteMK7)	100 mcg	124.4%

\*\*Daily Value based on a 2000-calories diet for healthy adults

### Recommended Adult Dose:

One or two tablets daily or as recommended by your healthcare practitioner.

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# ACTIVATED CHARCOAL

DETOX SUPPORT ALLEVIATES GAS & BLOATING  
MADE FROM COCONUT SHELLS

## Product Summary

VitaOne's activated charcoal is designed to support the clearance of microbes, environmental toxins, and heavy metals, promoting a healthier and cleaner system. By harnessing the adsorptive properties of binders, this formula helps eliminate harmful substances from your gastrointestinal tract. With activated charcoal you can enhance your body's elimination pathways and promote healthy detoxification. Its porous texture allows it to attract and trap toxins and gasses typically present in the GI tract and carry them safely out of the body. In this way, activated charcoal can help to alleviate uncomfortable gas and bloating caused by gas-producing foods. Our Activated Charcoal is derived from non-GMO coconut shells.



### Supplement Facts

Serving Size 2 Capsule. Serving per Container - 45 Capsule

	Amount Per Serving	%Daily Value
Activated Charcoal	750 mg	*

\*Daily Value Not Established.

**Other Ingredients :** HydroxyPropyl, Methyl Cellulose (Vegetarian Capsule)

### Suggested Use :

Recommended Adult Dose: 2 capsules on an empty stomach 2 times a day or as directed by a healthcare professional. Take your other supplements at least two hours before or after taking activated charcoal.

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# NAC

## N-ACETYL L-CYSTEINE

### Product Summary

N-Acetyl Cysteine (NAC) is a sulfur-containing amino acid that facilitates the production of glutathione. NAC is a powerful antioxidant that promotes healthy immune function and helps protect the body from toxic insults and oxidative stress.

A potent antioxidant that supports comprehensive wellness, including lung, liver, kidney and immune function. Glutathione supports respiratory health and detoxification in the liver and kidneys.



Promotes immune function

Acts as a potent antioxidant

Supports liver & kidney detoxification

### Supplement Facts

Serving Size 1 Capsule. Serving per Container - 90

	Amount Per Serving	%Daily Value
N-Acetyl-L-Cysteine	600 mg	*

\*Daily Value Not Established.

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# TRIPLE STRENGTH OMEGA

1250MG FISH OIL | EPA 450 + DHA 300

## Product Summary

VitaOne's Triple Strength Omega has a high concentrate of omega-3 fish oil in each soft gel, delivering superior absorption and maximum benefits. This powerful concentrate meets a broad range of nutritional needs and offers support for heart, brain and immune health. Each soft gel is easy to swallow and does not leave a fishy aftertaste.

The natural fish oil concentrate used in this softgel is manufactured under strict quality control standards. It is tested to be free of potentially harmful levels of contaminants.



Supports Heart, Brain

Joint Health

Reduces Inflammation

No Fishy Aftertaste

## Supplement Facts

Serving Size 2 Softgel | Serving Per Container 30

	Amount Per Serving	%Daily Value
Natural fish oil concentrate	2500 mg	*
EPA (Eicosapentaenoic acid)	900 mg	*
DHA (Docosahexaenoic acid)	600 mg	*

\*Daily Value not established.

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# IONIC MAGNESIUM

ANTI STRESS DRINK

## Product Summary

Vitaone's magnesium powder mixes with water to create a solution of ionic magnesium citrate, which is three times better absorbed than magnesium oxide. It's formulated specifically to help support healthy magnesium levels.

## Why Magnesium ?

Magnesium is the fourth most abundant mineral in the body, and it is essential to good health. It is involved in over 300 cellular processes, and the optimal intake of magnesium helps support cardiovascular health. Did you know that magnesium & muscles go hand-in-hand because magnesium also supports healthy bones and muscles

Known as the 'spark of life', every cell in your body relies on magnesium.

Magnesium is needed to manage stress, mood, sleep & even get relief from pain. A multi-tasking mineral, magnesium also works to support heart health, regulate metabolism & hormones, relax muscles, strengthen bones, reduce inflammation, and more.

The many benefits of magnesium are backed by thousands of clinical studies over decades



High Absorption

Every Sip Helps Manage Stress

Promotes Calm and Mental Focus

Maintains Proper Muscles Function

### Supplement Facts

Serving Size 1 scoop (4 grams) | Serving Per Container 60

	Amount Per Serving	%Daily Value
Magnesium (as Ionic Magnesium Citrate)	350mg	77%

**Other Ingredients:** Stevia Extract

**Suggested Use:** Start with half a scoop (2g) daily & gradually increase to 1 scoop (4g) per day as needed.

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# PREMIUM MARINE COLLAGEN PEPTIDES

HYDROLYSED TYPES 1 & 3

## Product Summary

VitaOne's Collagen Peptides Powder is derived from Marine sources. Each serving contains of collagen powder, conveniently measured with the provided scoop. Our collagen is highly bioavailable, easily digestible, and soluble in water. With no taste or smell, it seamlessly blends into your favorite beverages like coffee, juices, or green tea, maintaining their original flavor & texture. Incorporating our collagen into your daily routine can help minimize wrinkles, enhance skin's radiance, strengthen hair and nails, support bone health, and promote digestive wellness.



No Smell

No Taste

### Supplement Fact

Servings Size 1 Scoop (10 grams)

Servings Per Container : 20

	Amount Per Serving	%Daily Value
Calories	35g	*
Protein	9.7g	*
Hydrolysed Collagen Peptides	10g	*

\*Daily Value Not Established.

**Ingredients:** Hydrolyzed Marine Collagen

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# MICROBIOME FIBER

INVISIBLE FIBER, VISIBLE BENEFITS

## Product Summary

Microbiome Fiber delivers an excellent source of natural dietary fiber that supports bowel regularity and provides prebiotic benefits for gastrointestinal health. This soluble and low fermentable fiber is a partially hydrolyzed guar gum that is well tolerated and suitable for a low-FODMAP diet. It is also tasteless and colorless, allowing for versatile use.

Each year, millions of people try a fiber supplement to help with constipation, diarrhea or other health concerns. While the right fiber supplement can gently help you achieve regularity, some may not be well tolerated. They may cause you to experience such unpleasant side effects as additional gas, bloating and loose stools. Some powder fiber supplements also turn into a gloppy gel that may be challenging to consume.

Ultimately, the best fiber supplements are those that are most likely to work well for you and your lifestyle. Sunfiber is the best known soluble fiber brand today and has multiple benefits and uses.



## Supplement Facts

Serving Size: Approx. 1 Scoop (7g) | Servings Per Container: 30

	Amount Per Serving	%Daily Value
Calories	15	
Total Carbohydrate	7 g	3%
Dietary Fiber	6 g	21%
Total Sugars	0 g	**
Sunfiber® Guar Fiber	7 g	**

<sup>†</sup>Percent Daily Values are based on a 2000 calorie diet.

\*\*Daily Value Not Established.

## Suggested Use:

Adults take 1 scoop daily or as directed by a health professional. Dissolve powder in the beverage of choice or add it to food.

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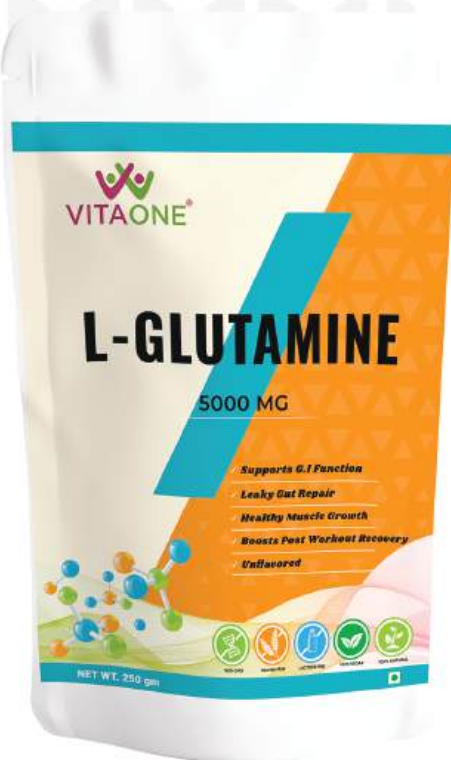


# L-GLUTAMINE

5000 MG

## Product Summary

L-Glutamine is the amino acid which is essential for the health of the immune system and the digestive tract. In the gut it promotes the health and function of the mucosal cells for normal healing and repair. L-Glutamine also supports optimal muscle growth and strength and has been shown to be particularly useful in helping to maintain muscle tissue, as it can be used as a substrate for protein synthesis & an anabolic precursor for muscle growth. In Functional Medicine L-Glutamine is often recognized for its potential benefits in promoting gut health (Leaky Gut), immune function, and overall well-being.



**Supports G.I Function**

**Leaky Gut Repair**

**Unflavored**

**Healthy Muscle Growth**

**Boosts Post Workout Recovery**

### Supplement Fact

Serving Size: 5 grams

No. of Servings: 50

	Amount Per Serving	%Daily Value
L-Glutamine	5g	*

\*Daily Value Not Established.

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# GLUTEN FREE FLOUR

NO WHEAT

## Product Summary

One of the biggest challenges when it comes to chapati is finding low-carb flour alternatives. Finding a low-carb flour substitute that gives chapati great consistency is essential if you want to get creative in the kitchen.

Our Gluten Free Flour, is the ultimate choice for health-conscious individuals seeking a delicious alternative to traditional wheat flour. Enriched with pea protein, this innovative blend provides you with all the vital plant-based proteins for strength and nourishment. Crafted with care using carefully selected ingredients like Split Black Gram, Rice, chia, & pea protein, our flour is a wholesome blend that provides essential nutrition without compromising on taste or texture. Free from chemical binders like Xanthan Gum, it's easy to make and the ideal choice for a high-quality gluten-free flour. This blend has less carbohydrates than regular gluten free flours which also helps in management of weight, Insulin Resistance and Diabetes.



### Supplement Facts

Serving Size: 25 grams | 1 Chapati

Amount Per Serving		Amount Per Serving	
Energy	96.3 kcal	Sodium	1 mg
Fat	2.25 g	Vitamin C	0.2 mg
Carbohydrates	10 g	Vitamin A	3.6 mcg
Sugar	0.55 g	Calcium	43.5 mg
Starch	5.25 g	Iron	1.3 mg
Fibers	4.65 g	Potassium	91.5 mg
Protien	4.3 g		

**Other Ingredients :** Rice, Peas, Chia seeds, and Black Gram. No other artificial ingredients.

**Suggested Use:** Make Roti as usual using this flour for a low carb effect. You can add flax seed powder to reduce the carb content further.

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# KETO COFFEE

## ENERGY AND FOCUS

### Product Summary

Vitaone's keto coffee is made with 10g of MCT oil powder which is naturally sweetened with stevia, it's completely sugar & Dairy-free but still frothy and creamy. Easy to mix, easy to digest, No carbs, artificial ingredients or junk, it helps you harness lasting energy, focus, and metabolism. Assist your body in breaking down fat into ketones and fuel with the help of MCT oil. Improve your energy and overall health with our specialty keto coffee blend. Add a dash of cinnamon to enjoy the delicious keto coffee taste today.



Instant Coffee

MCT

Energy and Focus

Vegan and Sugar Free

### Supplement Facts

Serving Size: 1 Scoop (10 gms)

	Amount Per Serving	%Daily Value
Calories	58.7	
Saturated Fat	5.6 g	28 %
Unsaturated Fat	0.0 g	0.0
Trans Fat	0.0 g	0.0
Total Fat	5.6 g	7 %
Protein	0.0	0.0
Cholesterol	0.0 mg	0 %
Fiber	2.3 g	4%
Sugars	0.0 g	0.0
Total Carbohydrate	2.3 g	1 %

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# REBUILD PLANT PROTEIN AND LIPID

## Product Summary

VitaOne's Vegan Protein is a 100% natural, plant-based protein formula, specially designed for individuals with dairy, gluten and soy allergies. Our vegan protein delivers 20 gms protein per serving of our exclusive blend of superior Mung and pea protein isolate. This protein blend contains digestive enzymes, which helps convert the protein into a complete range of amino acids for easy absorption. Non-GMO sunflower phospholipids are used to make new and repair existing cellular mitochondria membranes that can increase overall energy output capacity of each cell. Zero added sugar and no artificial sweeteners, this is a complete preservative-free formulation. This blend is very low in net carbohydrates making it keto friendly, it also helps in management of weight, Insulin Resistance and Diabetes.



## Supplement Facts

Serving size 2 Scoop (33 grams) | Serving per container - 15

	Amount Per Serving	Amino Acid Profile	Amount Per Serving
Calories	139.5	L-Leucine	15 mg
Protein	20.3	L-Isoleucine	1.2 mg
Saturated fat	0.7	L-Alanine	0.9 mg
Trans Fat	0.0	L-Arginine	1.9 mg
Total Fat	4.8	L-Aspartic Acid	2.3 mg
Fibers	1.1	L-Cysteine L-Methionine	0.5 mg
Sugar as Stevia	0.2	L-Glutamic Acid	3.3 mg
Total Carbohydrates	2.3	L-Glycine	0.8 mg
Cell Membrane Support as Phospholipid		L-Histidine	0.7 mg
Phosphatidyl Choline	905 mg	L-Lysine	1.6 mg
Phosphatidyl Inositol	817 mg	L-Tyrosine + L-Phenylalanine	2.2 mg
Phosphatidyl Ethanolamine	390 mg	L-Serine	1.0 mg
Other Phospholipid	479 mg	L-Threonine	0.8 mg
Total Phospholipid	2592 mg	L-Tryptophan	0.2 mg
<b>Ingredients : Pea Protein, Mung Protein, Sunflower lecithin, Cocoa Powder, DIGE ZYME Digestive Enzyme and Stevia</b>		L-Valine	0.8 mg
		L-Proline	0.8 mg

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# LIQUID MAGNESIUM

BIOAVAILABLE ANGSTROM MINERAL FORM

## Product Summary

Our concentrated liquid magnesium is meticulously crafted to provide your body with the optimal form of this vital mineral. With its ionic structure, it is easily absorbed and utilized by your body, ensuring maximum benefits. It is also the best tasting and highly concentrated liquid magnesium product available.

Ionic liquid magnesium is a highly bioavailable forms of magnesium that is easier for the body to absorb and utilise.



Mood Support

Stress Levels

Sleep Efficiency

## Supplement Facts

Serving Size ml = 12 drops Serving per Container - 100ml

	Amount Per Serving	%Daily Value
Magnesium (Elemental)	100 mg	21.4%

\* Percentage Daily Value based on a 2000-calories diet for healthy adults

## Recommended Adult Dose:

Upto 3 ml per day or as by healthcare provider.

Best if added to at least one glass of water

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Purchase product at <https://vitaone.in>

Call: +91 9811414123

Email [cs@vitaone.in](mailto:cs@vitaone.in)



ORGANIC COLD PRESSED  
**FLAX OIL**  
HIGH IN PLANT SOURCE OMEGA 3



Freshly Extracted Organic

Cold Pressed Flax Oil

Unprocessed and Raw

### Supplement Fact

Per 100g - Approx Value

	Amount Per Serving
Energy	895.68kcal
Protein	0g
Fat	99.52g
Carbohydrates	0g
<b>Fatty Acids</b>	
Mono Unsaturated Fatty Acids	19.9g
Poly Unsaturated Fatty Acids	64.69g
Saturated Fatty Acids	14.93g
Transfat	0g

**Ingredients:** Extra Virgin Flax Seed Oil  
The Oil is Untreated and in its Natural Form.

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# MCT OIL

## MEDIUM CHAIN TRIGLYCERIDES



100% Coconut Oil

Caprylic + Capric Acid

Quick Energy Source

### Supplement Fact

Serving Size : 1 tablespoon  
Servings Per Container : 16

Nutritional Information (Approx. Values)	Serving Size 1 tablespoon(15g approx)	*%RDA
<b>Each Serving of Vitaone-MCT OIL Liquid Provides:</b>		
Medium Chain Triglycerides (MCTs)	15g	†
Typical Fatty Acid Composition, as TG:		
Caprylic Acid (C8:0) 60%	9.0g	†
Capric Acid (C10:) 40%	6.0g	†

**Ingredients:** Pure MCT OIL (Caprylic/Capric Triglycerides) from coconut oil

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Call: +919328451548

Email [cs@vitaone.in](mailto:cs@vitaone.in)



# VITASPORE

ANTIOXIDANT PRODUCING  
ALL SPORE PROBIOTIC SUPPLEMENT



## Supplement Facts

Serving Size 1 Capsule. Serving per Container - 30

Amount Per Serving		%Daily Value
Probiotic Blend	4 Billion CFU	†
Bacillus Indicus		†
Bacillus Subtilis		†
Bacillus Coagulans		†
Bacillus Licheniformis		†
Bacillus Clausii		†

† Daily values not established.

### Other Ingredients :

Cellulose, vegetable capsule

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# ADVANCED SLEEP SUPPORT

MORE THAN JUST MELATONIN

## Product Summary

VitaOne's Sleep Support is an advanced formula designed to help your body regulate its circadian rhythm for a restful night's sleep. Featuring GABA, the key relaxation neurotransmitter, this powerful blend combines Melatonin, GABA, L-Theanine, and a Magnesium to promote calmness, ease the mind, and support deep, restorative sleep.

Sleep your way through the night with VitaOne.

Magnesium Bisglycinate

GABA

Melatonin

L-Theanine



## Supplement Facts

Serving Size 60 | Per scoop 3 grams

	Amount Per Serving	%Daily Value
Magnesium (Glycine + Citrate)	200 mg	44%
GABA	100 mg	*
L-Theanine	50 mg	*
Melatonin	5 mg	*

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# IONIC MAGNESIUM

ANTI STRESS DRINK

## Product Summary

Vitaone's magnesium powder mixes with water to create a solution of ionic magnesium citrate, which is three times better absorbed than magnesium oxide. It's formulated specifically to help support healthy magnesium levels.

## Why Magnesium ?

Magnesium is the fourth most abundant mineral in the body, and it is essential to good health. It is involved in over 300 cellular processes, and the optimal intake of magnesium helps support cardiovascular health. Did you know that magnesium & muscles go hand-in-hand because magnesium also supports healthy bones and muscles

Known as the 'spark of life', every cell in your body relies on magnesium.

Magnesium is needed to manage stress, mood, sleep & even get relief from pain.

A multi-tasking mineral, magnesium also works to support heart health, regulate metabolism & hormones, relax muscles, strengthen bones, reduce inflammation, and more.

The many benefits of magnesium are backed by thousands of clinical studies over decades

High Absorption

Every Sip Helps Manage Stress

Promotes Calm and Mental Focus

Maintains Proper Muscles Function



## Supplement Facts

Serving Size 1 Scoop (4 Gram)

	Amount Per Serving	%Daily Value
Magnesium (as Ionic Magnesium Citrate)	325 mg	77 %

\*Daily Value not established.

Other Ingredients: Stevia Extract

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**Trusted Partnership For Premium Therapeutic Grade Supplements  
With A High Bioavailability Difference.**



## **TRUELIFE FUNCTIONAL MEDICINE PVT. LTD.**

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